

## TUESDAY

### LUNCH @ 12PM



#### VISUAL ART

Visual Arts Studio  
Screen Printing



#### MUSIC

**Guitar Lessons** - limited spots  
**Recording** - sign up with [michael@sketch.ca](mailto:michael@sketch.ca)

**Sonic Mentorship** - sign up  
[michael@sketch.ca](mailto:michael@sketch.ca)



#### MOVEMENT

Kung Fu (2:30-4pm)



#### MEDIA ARTS

**Flash Forward Incubator: Part 1** (Sept 25-Oct 16); **Part 2** (Oct 23-Nov 13) - sign up with [jenny@flashforwardincubator.com](mailto:jenny@flashforwardincubator.com)



#### MULTI-DISCIPLINARY

**Resistance in Healing** (1-2:30pm)  
**Free Referrals Counselling** (2-7pm)

**DROP IN!**  
1PM-4PM

### SUPPER @ 4PM



#### VISUAL ART

Visual Arts Studio  
**Ceramiks: Impressive Textures** - sign up with [kamika.sketch@gmail.com](mailto:kamika.sketch@gmail.com)



#### MULTI-DISCIPLINARY

**Element of He** - sign up with [julian@sketch.ca](mailto:julian@sketch.ca)



#### MUSIC

**Vocal Revolution** (5-6pm)  
**Beat Boxing** (5-6:30pm)  
**DJ arts** - sign up with [michael@sketch.ca](mailto:michael@sketch.ca)



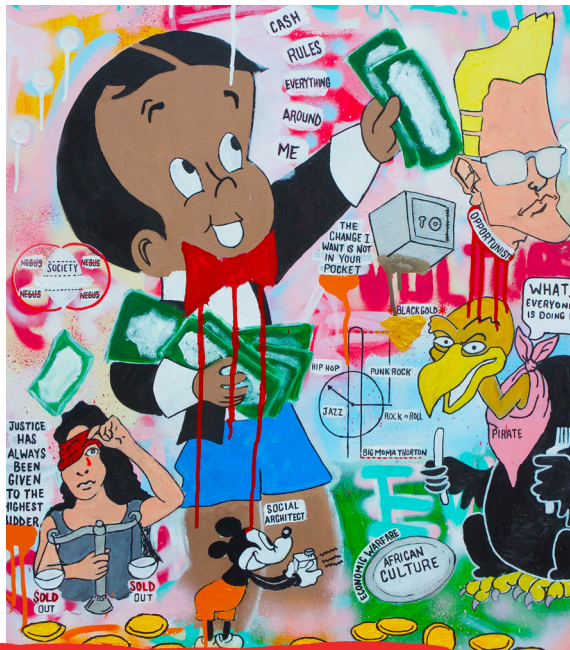
#### MOVEMENT

**Xplore** - street dance with Nigel (6:30-7:30pm)

**DROP IN!**  
5PM-8PM

## WEDNESDAY

**Please Note:** we no longer offer lunch or drop-in programs Wednesday afternoons. We open with supper!



### SUPPER @ 4PM



#### VISUAL ART

Visual Arts Studio  
Screen Printing



#### MUSIC

Live Jam



#### MOVEMENT

**It Is What It Is** with *Sunset Service* (4:30-6pm)  
**Right to Dance** with *ILL NANA/ DiverseCity Dance Company* (6-8pm)



#### MULTI-DISCIPLINARY

**Sirens & Satyrs** (6-8pm) - an artful drop in for Trans, 2-Spirit, and Non-Binary youth - more info with [sevi@sketch.ca](mailto:sevi@sketch.ca)

**DROP IN!**  
5PM-8PM

## THURSDAY

### LUNCH @ 12PM



#### CULINARY ARTS

**Young Parents Connect: Jam It Up** (1-2:30pm) - young parents exploring culinary arts and creative enterprise through jam making - child care provided - sign up with [Lmurialdo@ppt.on.ca](mailto:Lmurialdo@ppt.on.ca)

1PM-4PM

## PROGRAMS TO NOTE

Email for more info and registration deadlines

#### FLASH FORWARD INCUBATOR - TUESDAYS 1-4PM

**Part 1** (Sept 25-Oct 16) - photography skill building workshops - drop in!

**Part 2** (Oct 23-Nov 13) - develop an image that leads to printed final work, exhibition and publication - sign up with [jenny@flashforwardincubator.com](mailto:jenny@flashforwardincubator.com)

#### FREE REFERRALS COUNSELLING - TUESDAYS 2-7PM

Free referrals counselling to community resources and supports with Sandy Watters from Central Toronto Youth Services - drop in or sign up every Tuesday at 2-7PM with [sandy.watters@ctys.org](mailto:sandy.watters@ctys.org)

#### ELEMENT OF HE - TUESDAYS 5-8PM

"Racialized" manz using art, music and convos to move towards healthy masculinity - sign up with [julian@sketch.ca](mailto:julian@sketch.ca)

#### IT IS WHAT IT IS - WEDNESDAYS 4:30-6PM

Build personal, spiritual and wellness practice and learn about tools to support emotional health; for queer people of colour (and allies) to connect, build relationships, share and learn techniques to improving mind, body, and spirit - led by *Sunset Service*

#### SIRENS & SATYRS - WEDNESDAYS 6-8PM

An artful drop in for Trans, 2-Spirit, and Non-Binary youth - more info with [sevi@sketch.ca](mailto:sevi@sketch.ca)

**SKETCHToronto**

**SKETCHArtsProgramming**

SKETCH is committed to building equity, diversity and inclusion, through accessible and anti-oppressive programs.



## CREATIVITY. SKILLS. LEADERSHIP. COMMUNITY

SKETCH creates opportunities in the arts for young people 16-29, navigating poverty, living homeless and on the margins.

#### SKETCH

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#### SKETCH.CA

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